



## Solar Plexus Chakra Affirmations

I Am the power of peace.

I express my Power with vast peacefulness.

My Power is inviting.

The Power of me is making a difference in  
the world just by being me.

I Am using my Power to make a difference. I

Am at home with my own Power.

I Am experiencing a comfortable  
relationship with my Power of peace and  
my relationship with Self.

I am encouraging others to live true to their  
Power.

I cause an increase of self esteem wherever  
I go.

Whomever I meet experiences self  
confidence and rights to express their own  
true Power.

I Am the Power and presence of God.

I Am making a difference in my own life  
and the lives of others.

I Am grateful for the Power of me that  
expresses the Power of God.

